

Quezon City calls for healthier meals in schools

THE Quezon City government is supporting the initiative of Greenpeace Philippines in urging public schools and government offices to promote healthier plant-based meals.

Greenpeace Philippines' advocacy encourages establishments to serve less and better meat, and more plants in public institutions. Quezon City Health Department chief Verdades Linga also called on city government employees to practice what this advocacy preaches.

In 2012, the city council passed City Resolution 5596-2012 that calls for a "Luntiang Lunes" (Green Monday) to promote more vegetable consumption and other healthy food every Monday among city hall employees, public school students, and residents of the barangay (villages).

The city undertakes a "Joy of Urban Farming" program that adopts the idea of people cultivating their own food to provide families with a safe and healthy



diet. It primarily aims for a zero-waste city and promotes urban-

gardening among the residents of Quezon City.