

# Quezon City promotes breastfeeding awareness

OVER 80 breastfeeding mothers participated in the third milk-letting event organized by the Quezon City Human Milk Bank held at Quezon City General Hospital on August 8.

QC Human Milk Bank Director Shahani Duque said breastfeeding has been proven to benefit both the mothers and their babies. “

Meanwhile, a rummage sale and

a cake raffle was also organized by Vice Mayor Joy Belmonte and several city councilors to raise funds for the Human Milk Bank.

Committee on Education Chairperson and Councilor Julianne Alyson Rae Medalla said that the donated breast milk will help babies whose moms cannot produce enough milk.