

Shingles vaccine for QC seniors

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To ensure the wellness of the city's senior citizens, Quezon City (QC) Mayor **Herbert Bautista** signed an ordinance that provides free anti-shingles vaccination to all registered senior residents of the city.

Shingles, also known as herpes zoster, is a viral infection whose symptoms include painful skin rashes caused by the varicella zoster virus – the same virus that causes chicken pox.

It mostly affects persons 60 years old and above.

Introduced by 3rd District Councilor **Eufemio Lagumbay**, Ordinance 2760-2018 states that shingles may also result to serious complications such as scarring, hearing, and vision problems.

“Anti-shingles vaccines can reduce the risk of developing shingles and the complications associated with it. It can either prevent the shingles from occurring at all or make them less painful when they occur,” the ordinance read.