

Quezon City to create more community playgrounds

THE Quezon City government is set to establish community playgrounds to encourage children to live a more active lifestyle.

The QC Council passed City Resolution 7889-2019, authored by former councilor Allan Benedict S. Reyes, urging the QC Parks Development and Administration Department (PDAD) “to promote traditional Filipino games to enhance sociability of children.”

“By giving the children a designated space for outdoor recreation, they will be able to improve their social skills, create new friendships

and promote their health and well-being,” the resolution reads.

The legislation also aims to promote traditional Filipino games to children such as piko, tumbang preso, and patintero, and to give the opportunity to interact with their peers.

In a research published by international research outfit Michael Cohen Group, 60 percent of parents with kids under the age of 12 reported that their children now only play using gadgets while only 38 percent said their kids play outdoors.