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Vaccines and Long-Term Covid-19 Symptoms

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A survey recently conducted with 9 Covid-19-recovered persons (mostly based in the United Kingdom) reveals that vaccines have beneficial effects in alleviating long-term Covid-19 symptoms.

Spearheaded by an advocacy group called LongCovidSOS, in collaboration with healthcare experts affiliated with the University of Exeter Medical School and the University of Kent, the survey reveals that more than half of its respondents (51 percent) experienced improvements of long-term Covid-19 symptoms after getting inoculated.

Among the symptoms cited to have been improved after inoculations are muscle pain, “brain fog,” and fatigue. The survey mainly looked at the pre-vaccination and postvaccination scores of various symptoms that have been identified as long-term Covid-19 symptoms.

The survey reveals that those who got inoculated with mRNA-type vaccines (Moderna or Pfizer/BioNTech) experienced better symptom relief compared to those who got the adenovirus-based vaccine type (Oxford/AstraZeneca or Johnson & Johnson).

The survey's results rate the Moderna vaccine's symptom reduction score at a 31 percent average, which is followed by the Pfizer vaccine at a 24.4 percent average.

The survey's results have yet to undergo peer-reviewing procedures, but it has been attributed to be the biggest vaccine-oriented survey to date that looks into the impact of vaccines on long-term Covid-19 symptoms.

Since the rollout of Covid-19 vaccination programs in various parts of the world, the concern that vaccines might exacerbate the prevalence of long-term Covid-19 symptoms has been brought up.

The survey was conducted to look into the matter, and is described by Dr. Jeremy Mossman of the University of Kent, one of its proponents, as “an important first step in showing that Covid-19 vaccines may be safe and beneficial for people with Long Covid.”