

- Virus

NEW STUDY REVEALS NINE CORE LONGCOVID SYMPTOMS

Signs and symptoms continue or develop after acute COVID-19, which includes both ongoing symptomatic COVID-19 (from 4 to 12 weeks) and POST-COVID-19 syndrome (12 weeks)

Daily Mirror (Sri Lanka) · 4 Oct 2021 · A1 · BY SHEAIN FERNANDOPULLE

LONG-COVID symptoms were more frequent in those who had been hospitalised, and they were slightly more common in women
Abnormal breathing
Abdominal symptoms
Anxiety/depression
Chest/throat pain
Cognitive problems
Fatigue
Headache
Myalgia (muscle pain)
Other pain

A new study has underlined nine core LONGCOVID symptoms, occurring 90-180 days after COVID-19 was diagnosed, Dr. Chandima Jeewandara, Director of the Allergy, Immunology and Cell Biology Unit of the Sri Jayawardenapura University said. Dr. Jeewandara said the term 'long COVID' is commonly used to describe signs and symptoms that continue or develop after acute COVID-19, which includes both ongoing symptomatic COVID-19 (from 4 to 12 weeks) and POST-COVID-19 syndrome (12 weeks).

“LONG-COVID symptoms were more frequent in those who had been hospitalised, and they were slightly more common in women.” he pointed out.

The core LONG-COVID symptoms are as follows : Abnormal breathing, Abdominal symptoms, Anxiety/depression, Chest/ throat pain, Cognitive problems, Fatigue, Headache, Myalgia (muscle pain) Other pain.