

- Lungs / Alternative medicine

PROTECT YOUR LUNGS WITH HOMEOPATHY

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HT Cafe · 7 Oct 2021 · 6

According to the University of Washington's Global Burden of Disease study, respiratory disease was the second-highest cause of death in India after heart disease, killing one million Indians in one year. According to Delhi-based Centre for Science and Environment (CSE), Mumbai's winter air pollution levels were 25-30% more toxic than 2019 Winter brings with it an inverted atmosphere that causes respiratory symptoms including dry cough, wheeze, chest discomfort and attacks of breathlessness. In addition to poor air quality, the COVID 19 pandemic has also made us more aware of the importance of our lung health.

Dr Batra's Healthcare introduces Oxylung – a comprehensive lung health treatment programme that includes the Lung Function Test and Homeopathic Nebulization. The test is a hospital-grade, accurate and scientific test that is computerised, painless and will help patients assess their lungs' strength, volume and breathing capacity.

Conventional steroid-based nebulisers are known to cause side effects like a sore mouth, nosebleeds and oral thrush. But now, patients with respiratory allergies can breathe easy with Dr Batra's Homeopathic Nebulizer — a device that quickly administers homeopathic medicines to give faster and augmented results in a natural way, free from side effects. The device helps the medicine reach directly to the airways to treat respiratory problems faster and effectively.

Commenting on the launch of Oxylung, Dr Mukesh Batra, Padma Shri recipient and Founder, Dr Batra's Healthcare said, "Homeopathy has proven efficacy in treating respiratory conditions the natural way. We have always been at the forefront of bringing scientific and measurable homeopathy to bring about better treatment outcomes. Our expert homeopathic specialists have curated a respiratory treatment solution that is painless and offers measurable results, and gives computerised reports about your lung health. During these covid times, we aim to provide our patients with solutions that are helpful, effective and the need of the hour."

With lung health being integral to survival, why wait for winter to seek a resolution. Start your journey to easy breathing today. Get a FREE Lung Function Test along with your first homeopathic respiratory consultation. Visit your nearest Dr Batra's clinic or call 9167791677, today. HTC Sources: www.indiaspend.com, www.ncbi.nlm.nih.gov, www.premiermedicalhv.com www.ceew.in

In addition to air pollution, the pandemic has given us a reason to keep our lungs in check