

Free lectures, services for QC women

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The **Quezon City government** is offering free lectures and other services for breast cancer as part of its commemoration of Breast Cancer Awareness Month.

According to the city government, it is their responsibility to ensure their constituents that they receive all the healthcare services they need and all the necessary information that may empower them.

All 65 health centers in the city's 142 barangays are giving free lectures on breast cancer. Those women of reproductive age will also receive free lectures on breast self-examination.

The said lectures were conducted by city and barangay health workers in the communities where women who notice lumps or distortions in their breast during self-examination were asked to go to the nearest health center for proper assessment.

The Doctors will then refer patients to the **Quezon City general hospital** to book a schedule for an ultrasound or mammogram.

Aside from the lectures, the city is also conducting free visual inspection with acetic acid wash (VIA), an early diagnosis method used to detect the lesions that can be an indicator of cervical cancer.