Park designates exercise areas

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Daily Tribune (Philippines) · 3 Nov 2021 · A7 · BY PAULA ANTOLIN @tribunephl phau

The Quezon City government will allow more visitors to designated places within the Quezon Memorial Circle (QMC) in its efforts to promote the physical well-being of park goers.

City Mayor Joy Belmonte has instructed Departments to identify park zones that can accommodate more visitors but within the allowable capacity of the venue.

The zones were fenced and will have designated entry and exit points manned by enforcers. Signages of capacity limits and reminders of minimum health standards will also be placed.

The zones identified are Zone 1 — Picnic Area and Playground; Zone 2 — Fitness Trail and Planas Garden; Zone 3 — QCX Open Grounds; Zone 4 — Peace Bell, Runner Garden, and Fern Garden; Zone 5 — Tropical Garden; Zone 6 — Flower Garden; and Zone 7 — Rock Garden.

Management of incoming and outgoing vehicular traffic was also assured.

"Under Alert Level 3, children are allowed to go out to exercise. That is why families can come to our park because it is good for their physical and mental health. But we also have to keep in mind that we should also prioritize the safety of our park goers. We are putting in place these additional protocols, so families could safely enjoy their time in our park," Belmonte said.

The QMC will be open to the public from 2 to 5 November from 5 a.m. to 5 p.m. for exercise purposes only.