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Tips on how a tablet can help mothers navigate the realities of their children being online

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Not all moms are created equal and so parenting styles aren't quite the same. But no matter what category you fall in - whether you are a working mom, a work from home mom, stay at home mom or a single mom, one thing is common and certain, moms would do anything they can to keep their children happy, healthy, and safe.



Motherhood has always been a struggle; but the obstacles and challenges were further highlighted during the pandemic. Due to restrictions and lockdowns, work, school, and other industries remain shut or if not limited. Hence, there was a dramatic move to use of online channels. Suddenly, everyone connected to the outside world through the use of the internet and mobile devices. This time, even young, school-age children relied on screens to learn and socialize, a practice that was once approached by parents with restraint. Truly, in these difficult times, it made us parents rethink the use of the internet. Will our children have more to gain while spending time online, on social media, entertainment apps, etc? While we all try to maintain a sense of normalcy in these difficult times, this may just be the best time to rethink and find the right balance between digital dependency and parenthood. We can all begin this journey with the Samsung Galaxy Tab A8. Listed below are tips on how you (as a parent) and the Samsung Galaxy Tablet can work hand in hand in navigating the realities of your child being online.

01 Make your child use mobile devices in a communal area.

Encourage your child to use the tablet in a common area, say the dining area so that even while you are preparing meals or organizing stuff in the kitchen you are aware of your child's digital activities. Besides, with a robust metal body and a weight of only 508g, your child can easily transport the tablet anywhere around the house. And with the Samsung Galaxy Tab A8's 10.5-inch display with a screen resolution of 1200 x 1920 pixels, even at a considerable distance, you can vividly view whatever your child is fully immersed on the screen. In addition, having 4 Dolby Atmos Surround Sound speakers allows you to listen clearly to what audio or video your child is trying to access.

02 Spend time with your child to identify age-appropriate content online — identify and explain the apps, games, and online entertainment that are suitable for their age.

The Galaxy Tab A8 is equipped with Samsung Kids, where your child can learn and explore safely online. Samsung Kids has family-friendly activities where you and your child can engage and learn from. From Samsung Kids, you can set a password and set time limits on playtime and from its usage report you can keep up with the apps, games and other online activities your child has been engaged in. But apart from Samsung Kids, another way to set parental controls is through the tablet's settings.

03 Use technology to your advantage.

Make sure that the devices you and your child use are up to date and equipped with anti-virus programs. The Samsung Galaxy Tab A8 is equipped with Android 11 OS and is to receive 2 more full updates; and with Unisoc Tiger T618 processor, you and your child will surely enjoy time together streaming videos, transferring from one app to another in a snap. You can even open multiple apps easily if you or your child wishes to.

Speaking of opening multiple apps, another cool trait this tablet has is the multiple active window feature where you can split the screen in half and view two things at the same time. Moms can make use of this while trying on a new recipe - viewing the recipe on one screen while watching the entire process on YouTube on the other. Kids can likewise

use this feature while studying or reviewing your notes and answering assignments online. One can easily share content online with this feature. It is as simple as drag and drop. Another feature that the Galaxy Tab A8 has is its built in screen recorder. I found this truly essential especially while attending online classes. With this feature, you and your child can easily go back to the lecture that was given earlier. It'll serve as a refresher for moms too. When it comes to protecting your Galaxy Tab A8 from viruses and malwares, just go to settings and click on device care then device protection. Make sure this is turned on.

04 Teach caution regarding downloads and sharing private information.

Make your children aware of what private information is. Discuss with them that phone numbers, addresses, birthdates are not to be shared. Teach what is and what is not appropriate to share. Warn kids not to open emails or links sent by people they do not know. The Galaxy Tab A8 is equipped with an 8MP auto-focus rear camera and a 5MP front camera, fairly adequate for a tablet camera and fairly efficient and decent for video conferences and online classes. Take caution too when sharing images and photos of your children and family.

05 Let you and your kids have fun.

The Samsung Galaxy Tab A8 comes with Netflix, Spotify, and Microsoft pre-installed. Watch movies that you and your child can enjoy. Have a good time listening to music while exercising, cooking or doing chores together with your kids. With technology, you and your family can always find time to enjoy each other's company without compromising safety; and together with Samsung Galaxy Tab A8, the possibilities are endless.

The Galaxy Tab A8 is available at ₱18,990 SRP for the LTE variant (4GB RAM/128 GB Internal Memory) and at ₱13,990 SRP for the Wi-Fi variant (4GB RAM/ 64GB Internal Memory), with Dark Grey, Silver, and Pink Gold colorways.