

- Medical care

QCPD kicks off police overall wellness campaign

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The **Quezon City Police District (QCPD)** is conducting a three-day wellness program for its personnel dubbed as the “Enhanced Monitoring of Police Overall Wellness” (EMPOW) program.

It runs from Monday through Wednesday and targets about 624 officers aged 40 and older who underwent physical exams last year.

The program also aims to promote early detection of health issues, provide medical follow-up and encourage overall wellness among officers.