

- Public welfare

QC helpline incorporates mental health hotline

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The local government of Quezon City has expanded its mental health initiatives by integrating psychosocial support and crisis intervention into its Helpline 122 and QCitizens experiencing mental health concerns can now dial “122” to be connected with a crisis responder who will provide assistance. The hotline is available 24/7.

“There are times when we can no longer handle the problems and thoughts we face in life, so sometimes we need someone to talk to. Our responders, who can be reached through Hotline 122, are ready to listen and support you until you feel better,” said Mayor Joy Belmonte.