



Republic of the Philippines
QUEZON CITY COUNCIL

Quezon City
22nd City Council

PR22CC-1271

105th Regular Session

RESOLUTION NO. SP- **9955**, S-2025

A RESOLUTION EXPRESSING THE SINCEREST CONGRATULATIONS AND COMMENDATION OF THE QUEZON CITY GOVERNMENT, THROUGH THE CITY MAYOR, HONORABLE MA. JOSEFINA G. BELMONTE, THE CITY VICE MAYOR, HONORABLE GIAN G. SOTTO, AND THE HONORABLE MEMBERS OF THE 22ND QUEZON CITY COUNCIL TO THE PHILIPPINE MENTAL HEALTH ASSOCIATION, INC. (PMHA) ON THE CELEBRATION OF ITS 75TH FOUNDING ANNIVERSARY AND RECOGNIZING ITS PARTNERSHIP WITH THE QUEZON CITY GOVERNMENT IN PROMOTING MENTAL HEALTH PROGRAMS AND SERVICES

*Introduced by Councilors DOROTHY A. DELARMENTE, M.D.,
BERNARD R. HERRERA and ALY MEDALLA*

Co-Introduced by Councilors Tany Joe "TJ" L. Calalay, Joseph P. Juico, Nikki V. Crisologo, Charm M. Ferrer, Fernando Miguel "Mikey" F. Belmonte, Candy A. Medina, Dave C. Valmocina, Godofredo T. Liban II, Kate Galang-Coseteng, Geleen "Dok G" G. Lumbad, Albert Alvin "Chuckie" L. Antonio III, Don S. De Leon, Wencerom Benedict C. Lagumbay, Atty. Anton L. Reyes, Edgar "Egay" G. Yap, Raquel S. Malañgen, Irene R. Belmonte, Nanette Castelo-Daza, Marra C. Suntay, Joseph Joe Visaya, Alfred Vargas, MPA, Ram V. Medalla, Shaira "Shay" L. Liban, Aiko S. Melendez, Mutya Castelo, Maria Eleanor "Doc Ellie" R. Juan, O.D., Kristine Alexia R. Matias, RN, Eric Z. Medina, Emmanuel Banjo A. Pilar, Vito Sotto Generoso, Victor "Vic" Bernardo and Jhon Angelli "Sami" C. Neri

WHEREAS, the Philippine Mental Health Association, Inc. (PMHA) was established in 1950 as a private, non-stock, and non-profit organization dedicated to promoting mental health awareness, providing mental health services and implementing psychoeducation programs;

WHEREAS, PMHA has been at the forefront of mental health advocacy for 75 years, positively impacting millions of lives by fostering resiliency, enhancing productivity and equipping individuals with tools for overall mental wellness;

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WHEREAS, PMHA's National Office is situated in Quezon City, solidifying its role as a key stakeholder in the City's mental health initiatives and advocacy efforts;

WHEREAS, the Quezon City Government and PMHA have long been partners in advancing mental health programs, including the following key initiatives:

1. **Community-Based Mental Health Program (CBMHP)** – a grassroots-level initiative that promotes mental health awareness and the prevention of mental disorders through psychoeducation, training, and the empowerment of health workers and community members;
2. **Youth Life Enrichment Program (YLEP) and Lusog Isip ng Kabataan (LINK) Club** – school-based mental health programs designed to empower students to become mental health advocates through capacity-building activities and information dissemination campaigns;
3. **Remote Mental Health and Psychosocial Support Services (RMHPSS) Program** – a program offering accessible remote mental health consultations and psychosocial support to individuals in need;
4. **Support for the Creation of the Quezon City Mental Health Ordinance (2015)** – PMHA played an integral role in the development of this landmark Ordinance, which laid the foundation for the City's mental health ordinance;
5. **Provision of Mental Health Trainings and Capacity-Building Workshops** – including webinars, structured group sessions, and psychosocial support trainings for frontline health workers, educators, and community leaders;

WHEREAS, PMHA's partnership with the Quezon City Health Department and the Schools Division Office has been instrumental in ensuring that mental health services and psychoeducation programs reach various sectors of society, including students, teachers, health workers, and communities;

WHEREAS, the Quezon City Council recognizes PMHA's unwavering commitment to promoting mental health, reducing stigma and ensuring that accessible and effective mental health services are provided to Quezon City residents.

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NOW, THEREFORE,


BE IT RESOLVED BY THE CITY COUNCIL OF QUEZON CITY IN REGULAR SESSION ASSEMBLED, to express, as it does hereby express, the sincerest congratulations and commendation of the Quezon City Government, through the City Mayor, Honorable Ma. Josefina G. Belmonte, the City Vice Mayor, Honorable Gian G. Sotto, and the Honorable Members of the 22nd Quezon City Council to the Philippine Mental Health Association, Inc. (PMHA) on the celebration of its 75th Founding Anniversary and recognizing its partnership with the Quezon City Government in promoting mental health programs and services.

RESOLVED FURTHER, that copies of this Resolution be furnished to the PMHA for its information.

ADOPTED: January 27, 2025.

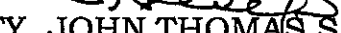

GIAN G. SOTTO
City Vice Mayor
Presiding Officer

ATTESTED:


ATTY. JOHN THOMAS S. ALFEROS, III
City Government Department Head III
(City Council Secretary)

CERTIFICATION

This is to certify that this Resolution was APPROVED by the City Council on Second Reading on January 27, 2025 and was CONFIRMED on February 3, 2025.


ATTY. JOHN THOMAS S. ALFEROS, III
City Government Department Head III
(City Council Secretary)



