- Pregnancy

Bacon scent may be linked to obesity

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The smell of fatty foods during pregnancy might increase the risk a baby develops obesity later in life. A study by the Max Planck Institute in Germany, two groups of pregnant mice were fed the same healthy diet but an artificial bacon flavour was added for one. Scientists believed ‘bacon smell’ molecules would reach the pups through the womb and later through mothers’ milk. When the babies grew, researchers found the group exposed to the bacon scent in the womb gained more weight, and showed signs of diabetes.