Republic of the Philippines
QUEZON CITY COUNCIL
Quezon City
23rd City Council

PR23CC-763

54th Regular Session

RESOLUTION NO. SP-10588, S-2026

A RESOLUTION ENCOURAGING THE PROMOTION OF HEALTHY FOOD ENVIRONMENTS IN WORKPLACES AND GOVERNMENT OFFICES IN QUEZON CITY TO SUPPORT BETTER NUTRITION AND HEALTHIER LIFESTYLES AMONG WORKERS

Introduced by Councilors CANDY A. MEDINA, TANY JOE "TJ" L. CALALAY, ATTY. CHRISTOFFER ALLAN "Tope" LIQUIGAN, ATTY. JESUS MIGUEL SUNTAY, WENCEROM BENEDICT C. LAGUMBAY and DOROTHY A. DELARMENTE, M.D.

Co-Introduced by Councilors Bernard R. Herrera, Joseph P. Juico, Charm Ferrer, CPA, MPA, JD, Nicole "Nikki" V. Crisologo, Atty. Voltaire Godofredo "Bong" Liban III, Aly Medalla, Dave C. Valmocina, Ranulfo "Tatay Rannie" Z. Ludovica, Albert Alvin "Chuckie" L. Antonio III, Luigi D. Pumaren, Atty. Vicente Belmonte Jr., Edgar "Egay" G. Yap, Nanette Castelo Daza, Imee Rillo, Raquel S. Malañgen, Joseph Joe Visaya, Alfred Vargas, MPA, Karl Edgar Castelo, Shaira "Shay" L. Liban, Maria Eleanor "Doc Ellie" R. Juan, O.D., Emmanuel Banjo A. Pilar, Kristine Alexia Matias, RN, Victor "Vic" D. Bernardo, Vito Sotto Generoso, Erwin Rey "Cocoy" A. Medina, Jose Maria "Mari" M. Rodriguez, and Jhon Angelli "Sami" C. Neri

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WHEREAS, the Quezon City Government recognizes that proper nutrition is essential to maintaining a healthy and productive workforce;

WHEREAS, many working adults spend a significant portion of their day in workplaces where food choices and eating habits may be influenced by the available food environment;

WHEREAS, promoting healthier food options in workplace cafeterias, canteens, and food service areas can contribute to improved nutrition and overall well-being of employees;

WHEREAS, workplace wellness initiatives that encourage balanced diets, healthy eating habits, and nutrition awareness can help prevent nutrition-related illnesses such as obesity, hypertension, and diabetes;

WHEREAS, collaboration among the Local Government Unit, barangays, business establishments, community organizations, and the private sector can strengthen initiatives that promote healthier food environments in workplaces.

NOW, THEREFORE,

BE IT RESOLVED BY THE CITY COUNCIL OF QUEZON CITY IN REGULAR SESSION ASSEMBLED, to encourage, as it does hereby encourage, the promotion of healthy food environments in workplaces and government offices in Quezon City to support better nutrition and healthier lifestyles among workers.

RESOLVED FURTHER, that the Quezon City Government, through the Quezon City Health Department, the Social Services Development Department, the Business Permits and Licensing Department, and the Quezon City Nutrition Committee, is encouraged to promote workplace nutrition initiatives and provide guidance on healthy food environments.

RESOLVED FURTHERMORE, that relevant city departments may coordinate with business establishments, office administrators, and workplace canteen operators to encourage the availability of healthier food options and nutrition awareness materials.

RESOLVED FURTHERMORE, that barangays are encouraged to support workplace wellness and nutrition campaigns within their communities by coordinating with local businesses and offices.

RESOLVED FURTHERMORE, that the Sangguniang Kabataan councils may assist in promoting healthy lifestyle campaigns and nutrition awareness activities that may also benefit young workers and community members.

RESOLVED FURTHERMORE, that community organizations and non-governmental organizations may collaborate with the City Government and workplaces in conducting nutrition education seminars and health promotion programs.

RESOLVED FURTHERMORE, that the private sector, particularly companies and business establishments operating in Quezon City, is encouraged to adopt workplace wellness programs that promote healthy food choices and nutrition awareness among employees.

RESOLVED FINALLY, that copies of this Resolution be furnished to the Quezon City Health Department, the Social Services Development Department, the Business Permits and Licensing Department, the Quezon City Nutrition Committee, and all barangays in Quezon City for their information and appropriate action.

ADOPTED: July 13, 2026.

CERTIFICATION

This is to certify that this Resolution was ADOPTED by the City Council on Second Reading on July 13, 2026 and was CONFIRMED on July 30, 2026.

MIKEY F. BELMONTE
President Pro-Tempore
Acting Presiding Officer

ATTESTED:

ATTY. JOHN THOMAS S. ALFEROS, III
City Government Department Head III
(Secretary to the Sanggunian)