Republic of the Philippines
QUEZON CITY COUNCIL
Quezon City
23rd City Council

PR23CC-648

63rd Regular Session

RESOLUTION NO. SP-10688, S-2026

A RESOLUTION ENCOURAGING AGE-APPROPRIATE BASIC LIFE SUPPORT (BLS) AWARENESS AND EDUCATION FOR CHILDREN IN DAY CARE CENTERS AND SCHOOLS IN QUEZON CITY

Introduced by Councilors JHON ANGELLI "Sami" C. NERI, ATTY. CHRISTOFFER ALLAN "Tope" LIQUIGAN, DOROTHY A. DELARMENTE, M.D. and DON S. DE LEON

Co-Introduced by Councilors Bernard R. Herrera, Joseph P. Juico, Charm Ferrer, CPA, MPA, JD, Nicole "Nikki" V. Crisologo, Mikey F. Belmonte, Candy A. Medina, Atty. Voltaire Godofredo "Bong" Liban III, Aly Medalla, Dave C. Valmocina, Ranulfo "Tatay Rannie" Z. Ludovica, Geleen "Dok G" Lumbad, Albert Alvin "Chuckie" L. Antonio III, Luigi D. Pumaren, Atty. Vicente Belmonte Jr., Edgar "Egay" G. Yap, Nanette Castelo Daza, Imee Rillo, Atty. Jesus Miguel Suntay, Raquel S. Malañgen, Joseph Joe Visaya, Aiko Melendez, Alfred Vargas, MPA, Karl Edgar Castelo, Shaira "Shay" L. Liban, Ram V. Medalla, Maria Eleanor "Doc Ellie" R. Juan, O.D., Emmanuel Banjo A. Pilar, Kristine Alexia Matias, RN, Victor "Vic" D. Bernardo, and Vito Sotto Generoso

---

WHEREAS, emergencies such as choking, sudden collapse, or medical distress can occur at home, in schools, and in community settings where children are present;

WHEREAS, basic life support (BLS) knowledge, including awareness of cardiopulmonary resuscitation (CPR) and the Heimlich maneuver, can help save lives when immediate medical assistance is not yet available;

WHEREAS, children, even at a young age, can be taught age-appropriate concepts related to seeking help, recognizing emergencies, and responding safely without placing themselves at risk;

WHEREAS, introducing basic life support awareness in schools and day care centers helps normalize emergency preparedness and builds confidence, responsibility, and care for others;

WHEREAS, such education is intended for awareness and safety, and does not require formal certification or advanced medical training for children;

WHEREAS, the Quezon City Government recognizes the importance of equipping children, teachers, caregivers, and school communities with life-saving knowledge through age-appropriate and child-sensitive approaches.

NOW, THEREFORE,

BE IT RESOLVED BY THE CITY COUNCIL OF QUEZON CITY IN REGULAR SESSION ASSEMBLED, to encourage, as it does hereby encourage, age-appropriate Basic Life Support (BLS) awareness and education for children in day care centers and schools in Quezon City.

RESOLVED FURTHER, that day care centers be encouraged to introduce simple, age-appropriate lessons for young children, such as recognizing emergencies, calling for help, and understanding basic safety responses.

RESOLVED FURTHERMORE, that elementary and secondary schools be encouraged to include basic life support awareness, including introductory concepts on CPR and the Heimlich maneuver, in a manner suitable to the age and capacity of learners.

RESOLVED FURTHERMORE, that teachers, caregivers, and school personnel be encouraged to receive appropriate guidance or orientation to support the delivery of child-safe BLS awareness education.

RESOLVED FURTHERMORE, that parents and guardians be encouraged to participate in or support basic life support awareness initiatives to reinforce learning at home.

THE QUEZON HERITAGE HOUSE
A PLACE OF REFUGE AND COMFORT

RESOLVED FINALLY, that copies of this Resolution be furnished to all concerned City Departments, day care centers, schools, barangays, and relevant stakeholders for their information, guidance, and appropriate action.

ADOPTED: August 27, 2026.

CERTIFICATION

This is to certify that this Resolution was ADOPTED by the City Council on Second Reading on August 27, 2026 and was CONFIRMED on September 10, 2026.

GIAN G. SOTTO
City Vice Mayor
Presiding Officer

ATTESTED:

ATTY. JOHN THOMAS S. ALFEROS, III
City Government Department Head III
(Secretary to the Sanggunian)